**Travel Restrictions**

The Scottish Government announced this week these changes regarding travel restrictions will become **law**from**Friday, 20th November.** The First Minister said this means “people living in level 3 or level 4 must not travel outside their own council area, except for certain essential purposes. People living elsewhere in Scotland must not travel to level 3 or level 4 areas, except for essential purposes”. Essential purposes means, for example, that you **can** travel for work (for work that you cannot do from home), going to school/learning and for essential medical help. However, for non-essential reasons, you are not permitted to travel into tiers 3 and 4. This means that you cannot, for non-essential purposes, travel to Edinburgh, which is in tier 3, or into West Lothian, which is tier 4 and the same goes for any other area which is level 3 or 4.